

Inan wik kath lat manyin operakan ma' kerkanthan Nurses a Doctors a experts ngan yumpin wuut a wanchinth an pi'antan aged care an waanthan. Puth ilngan wik kath an nungk minyakam yipmam ngoochan residential aged care'ak an. Wiy'ak thamp wengkan lat yipmam nint wik kath minakan thowan ngeenan nint need'im. Inangan download'im inang [www.10questions.org.au](http://www.10questions.org.au)

Nint way lat many in mayalmathan wiy nint a:

- Thathan facility minanakan wengkan residential aged care'akan.
- Ngamper ngaantam ngeeyan quality akan inan residential aged care'akan.
- Mi'an kuckam an awuch pi'an ang facilities'an karrpkarrpan.

Inan important'ang registered nurses yot ma'kerrantan yipmam thant yumpayn ngeenan nath need'imang. Nint kaangk thowan thant wanwantakan pi'ayn nintang if nint angan wunan.

Yot'ang pamwanch anman ngoochantan same uniform'a. An nil if ke nurse yimnangan pentang an nil ke mean nil nurse iyang. Inangan wiywiyang:

**Registered Nurse (RN)** anthan minchathayn koalaman three-year Bachelor of Nursing course'an. Than kaangk nursing procedures yumpan a, ma'ang pekan pain akan opar a, ma'aathan yipmam wiyan hospital admissions an.

Ngeenan **Enrolled Nursing (EN)** an ma'kerrkantan alalantangan direction RN'antang. Pul iya registered alngan regulatory bodyngang. Registration anpuh professional standards'an pi'antan a minam pi'ayn yotantan pamwanch.

**Assistants in Nursing (AIN)/Care Workers/ Care Service Employees (CSE)** ma'kerrkantan yipmam thathaynang nurses ngan ma'yalmathayn a wiy ma'aathayn residential aged care'ngan a aak inpalan. An than wiywiy levels'a pi'antan training akanang a roles'an.



## NINT KAANGK ENGGAN THANT

Nint kaangk aak'akan wengkan'ang wiywiy thathana.

Nint kaangk patham wik kath puthamakan ang ngeenan aged care services a wiy wantinan aak nungkerang thinthan nint thant thowan My Aged Care an.

**My Aged Care**  
 **1800 200 422** [myagedcare.gov.au](http://myagedcare.gov.au)

Nint thampang copy anan Charter of Aged Care Rights an uwan – a nint thant engkan puthamakan wik minminakan:  
[www.agedcarequality.gov.au/consumers/consumer-rights](http://www.agedcarequality.gov.au/consumers/consumer-rights)


Inan lat many than yumpin a minminan pi'aynang:




Puthamakan list ma'yalmathantan organisations ang iknakan wenyan [www.10questions.org.au](http://www.10questions.org.au)

Wiy nint ngaantam ngeeynint inan residential aged care facility anang ingan thawan:



 1800 951 822


[www.agedcarequality.gov.au](http://www.agedcarequality.gov.au)



# 10 Questions

## ENGGAYN NGEP NGAMPANT A PIK OTANGAMANT YOTAMANTANG A THAWAYN RESIDENTIAL AGED CARE AKAN A WENGG NINT.

(Wik Mungkan)



Inanwaya special thanks thantang Mingaletta Aboriginal and Torres Strait Islander Corporation - Umina Beach Elders Group, Fairfield Liverpool Elders a Aboriginal community Blacktown/ Nepean anpalan aak ma'an kerrkantan inan yumpin lat many.

[www.10questions.org.au](http://www.10questions.org.au)

*Nint anan mi'an a aak wantin ana thathan local Elders Council, Land Council or Aboriginal Medical Service. An puth nint wiy thawan thant ingan ngep ngampantan aakang ingamanan. Thathan inan aak awuch Reconciliation Action Plan (RAP) thampangan. Inan RAP an pi'an ang an ke'um mean'an thonaman aak awuch min thon altanganiya. Aniya puth a meenathana thathantan inequalities'an wiywiyayn yumpayn ma'aathnakan a wantakan ngampang pi'antan ngep ngamp a pik otangam an ngeenan maany yumpayn yipmam minyakam anman#.*

**1 Ngeen ngeenan ngep ngamp a pik otangaman inan a wunatan?**  
An wiy ma'aathiw nintang wik nungkaram, a culture yinangan a ngeenanang ngangk way ananmanan yumpim. Nint kaangk ke wiy friends wenyan yotantangan, puth nint yipmam minam wunan aak ma'an aathantang.

**2 Ngul ngep ngampa pik otangam ma'a kerrkantan inanay?**  
Than puth kankanang a yumpiy than ngep ngamp a pik otangam ma'kerrknakan. Than thathiy thanang ngeen ngeenan ngep a pi'antan a ngeenan thathayn recruitment strategies an yipmam ma'kerrknak work'ak. Nint wiy shy awunint ang a ngep ngamp anang ma'kerrkantanang, an ma'aathaynak ngamperakman yipmam kengul shy'an. Keh' winyang mo'an thownakanang - an nungkeram right'ang. Wiyath than pamwanch an ma'kerrkantan ngep a wiy ingam aak wuninang aak puywal an than an nintang ngangk min yumpiythan.

**3 Nintang ma'aathantan cultural safety training ma'kerrkantan alaltanay?**  
Ma'an kerrkantan wiy matan thantang nintanang thowan anan cultural safety training'an yotman pamwanch ma'kerrknak an wengkantan, a ngeen ngeenan pamwanch anpalmanan ma'kerrkin a puthaman training iyantan. Yotmanantan lat cultural respect thant yotmantan pamwanch staff a residents. Thowan wantakan pi'antan racial conflictman ngul puth pi'an weeym.

**4 Wantak ngayng ma'aathan cultural identity ngatheram man aak ingan?**  
Angan thant thowan wantak pi'ayn yipmam nungkeran minamang, a anangan time a, aakpech wantingan mungkan a yoon a may iithman garden nint kaangk anangan may. An puth nint ngangkang pi'anang, thowan National events'ngan wiy NAIDOC week'a, Mabo Day a National Sorry Day an thaa'karrpam celebrate a inangan thampang culturally significant events'an.

**5 Nint wantak ngatheraman cultural identity pi'an yoonan'eh?**  
Nint kaangka anman active ke'ngoongkam wenyan aak nungkerakmantan. Thathan wantakan nintang ma'aathayn yoonan a aak nungkeramngan, a pamwanch staff a car anungk keengk keengk. Inan wiy yot wukal piy'inang an nint thathan keengk ngeen ngeenan. Nint yaaka wiyantangan kemp miyal a active wiyantangan aak ingan, thathan wantakan ma'aathnak an pi'antan ngeenan nint need'im.

**6 Wantwantak nint past traum'an wantan. thathnint a ma'aathin ananmanan ngangka kuchek wayan pi'?**  
Ma'aathnakan pamwanch thantan waa'ayn train'imayn anangan nungnungakan wantin keengkman, racism a ya'an karrpathin kathpiip nungkeramtham, yap a wuny antam, a aakman a yipmam ma'aathayn minam culturally appropriate counselling yumpayn nungk if kaangkuy. Ma'yalmathan nungkeram painting a pew thakan, a maany, a yukwaymin ngeenan nath awuch nungkerangan nint ngaantam ngeeyin a cultural a ngangk nungkeram thamp flag'an, a lat many nintang waa'waan nint wantimpalan yipmam thanan pamwanch ma'kerrkantan konmang pi'ayn.

**7 Wantak ma'aathayn nintang kampan nungkeramakan a friends'antan eh?**  
Kampan a friends'an than puy nungk mo'ayn thathaynan nintang'aa. Thathanang ngeenan visiting hours'an a wiy than puy thathiy than nintang ngulngulan yoonan hours, wiyath

ngutang wuniythan. Thant kampan nungkeramant thowan a thathayn wiy nint ngeenan thowan wantakan pi'antan nintang. Thathan yoonan aak pech a maythakan kiiyankan a wik kath thakan waa'an minam.

**8 Wantak ngayng pi'ayn wiyath ngay ngangk kemp way wayam ngulan wuning 'a?**  
Thowan thant ang wiy nath nint ngangk wayngulan wuninang kampan nungkeraman wuniythan nungkerang yipmam ma'kerrkiythan ngeen ngeenan pi'an thanang. Thowan thant ngeenan than yumpiythan yipmam ma'aathiythan nintang koyaman kaliythan nintang. Inan Aboriginal Land Council'in ngul than ma'yalmathantan funeral'akan ngeen ngeenan wuniw a than pamwanch nungkan ma'kerrkantan nungk ang ngaantam ngeeyantan ma'aathayn an nintang.

**9 An Doctors anman wompan?**  
An wiy yaaka ya ya'um Doctor iyang aniy nintang Telehealth'ang yipmam nungk maanyang thowan. Aniy nungk than waa'ayn Doctors'ngan ngeenanath maanyang thathin. An inan wantakanang, Doctors an thowayn thant nurses'antan yipmam oparran thee'ayn nungk. Angan thant thowan Doctors'an wampantan anang wiythan ngep ngamp a pikotangaman ngangk min know a yipmam ma'aathayn thanang.

**10 An wantak ngayng ma'aathayn ngangk min ngatheram akan'eh?**  
Puth Law'an thownang an angan nurse thonam angman nungkrang yaam niinow nungerang 24/7'an. Ma'yalmathayn yot pamwanch ma'kerrknakan yipmam kangk min wunan. Thathanang ngeen ngeenan nurses angan ma'kerrkantan a ngeen ngeenan pamwanch wunantan a yipmam ma'aathayn yotaman.