

Dijan peipa im pat oba stori nurses, doctors en experts bin raidim gadem experience blanga aged keya. Dijan series album yu tu meigim mob langa ol pipul hom mo esibala. Lukabat bla nada peipa ba kwestjins la askim abat speshalwan keya yu wandim. Yu kin dedim la:

www.10questions.org.au

Yu mait faindim dijlot peipa album yu wen yu:

- Lukum fo brabli gudwan quality residential aged keya hom.
- Jinggabat weya yu jidan na langa ol pipul hom.
- Yu jusum brom tu ol pipul hom, maiti ola luk seim seim.

Im reli impotnwan du meikshuwa yu gadim naf registered nurses wek deya tu midim nids blanga ebriwan. Yu garra askim bat kwesjin hau dei garra lugarta yu ip yu jidan jeya.

Dumeni weka jeya werrim seimwan wek klos. Jas bikos samwan luk laiga nurse im nomo min im nurse du. Iya ola difrinkain nurses:

Registered Nurse (RN) labda binijim thri-yiya studi Bachelor of Nursing course. Jei gin dum nurse wek, menijim pein medisin en teblit en meгим shuwa yu don go hospital ba najing.

Tharran RN im boj wan blanga tharran **Enrolled Nurse (EN)**. Dubala registered bai wan gabman bodi. Da registration meigum shuwa jei kipum professional standards en kipim yu seif.

Tharran Nurses im boj wan blanga tharran **Assistants in Nursing (AIN)/Care Workers/ Care Service Employees (CSE)** gibit en lukaftarim ola da keya langa da ol pipul hom en komyuniti. Olabat gadim difrin lebul blanga training en jobs.



IMIN YU RAIT TU ASKIM

Da nambawan wie du faindim wan hom jat yu laigim is fo lukum en bisit ola difrin wans.

Bla faindaut mo information bla ol pipul keya o weya yu gin faindim dem local homs gulajap langa yu, contact My Aged Care.

My Aged Care

☎ **1800 200 422** myagedcare.gov.au

Yu gada gejim kopi ob da ruls Charter of Aged Care Rights – meikshuwa yu askim bat kwesjin ip yu wandim mo information: www.agedcarequality.gov.au/consumers/consumer-rights

Dijan peipa bin made en approved by:



La faindim fullwan lis blanga ola supporting organisations go langa www.10questions.org.au

Ip yu woribat enijing bla ol pipul hom kolek:

☎ 1800 951 822



Australian Government
Aged Care Quality and Safety Commission

www.agedcarequality.gov.au



10 bala Question

**BA BLEKBALA MOB
BLA ASKIM BAT WEN
LUKARAN OL PIPUL
HOM
(NT Kriol)**



Bigwan thenggeyu langa Mingaletta Aboriginal en Torres Strait Islander Corporation – Umina Beach Elders Group, Fairfield Liverpool Elders en da Blekbala komyuniti langa Blacktown/ Nepean area bla album bla meigim dijan peipa.

www.10questions.org.au

Wen yu pikimat homs du lugat mait bi yugin tok langa local Elders Council, Land Council or Aboriginal Medical Service maiti ken album yu. En yu gin tokabat dijan garra komyuniti mob. Tjkiimat ip da hom gadim Reconciliation Action Plan (RAP). Ip wan hom gada RAP nomo min im beda den najawan hom. Wanim dijan showum yu jat olabat sabi abat dem nogud ting langa da keya en treatment langa Blekbala en Torres Strait Islander Pipuls en olabat dum ebrting la meigim beda.

1. Haumeni Blekbala lib langa dijan hom en jidan iya olredi?
Maitim album yu ip ebdribodi hu jidan la da hom olredi, sharim seim langgus en kaltja values en tinkbaut seimwei laiga yu. Yu nomo labda bi fren garra ebdribodi, bat yu stil ken jidan gudwei langa da hom.

2. Eni blekbala mob wek jeya olredi?
Olabat shud trai gibit wek tu Blekbala en Torres Strait Islander Pipuls. Jegimap haumeni blekbala wek deya en wanim dey dum tu meigim mo esi ba mob tu gedim job jeya. Maiti yu sheimfeis du askim kwestjin bat ip blekbala mob wek jeya dey kin album yu. Nomo bi braidin - imin yu rait bla askim eni kwestjin. Ip dey gadem weka mob sharim seim kaltja values en tinkbaut seimwei langa yu maiti dijan gin album yu wen yu mob.

3. Yu mob gibim kaltja seifti training du weka mob olataim?
Samtaims werka mob libum dijan job so meigim shuwa jat nyuwan weka en ola dem weka dum jat kaltja seifti training olataim. Olabat shud abum rul (policy) langa cultural respect garra werka mob en pipul hu lib jeya. Askim olabat bat hau dey sedlim brablem jat kamap.

4. Hau yu garra album mi bla kipim main kaltja langa da hom?
Askim hau dey gunna album yu ebridei, an wanim taim yu gadem dagat daga en ip dey gadem budjdaga gaden if yu laigum jat kain daga. Ip im reli impotin wan bla yu askim ip National events laigi NAIDOC week, Mabo Day en National Sorry Day imin celebrated en local culturally significant events.

5. Hau yu garra album mi bla kipim main kaltja najapleis?
Ip yu wandim yu gin bi lider langa yu komyuniti. Askim olabat hau dey gowin du album yu heingat atsaid en langa yu komyuniti, en ip werka mob gin gibit yu libt ip yu wandim. Dijan mait abum prais so yu labta faindaut fes. Maitbi yu helthi wan en wandim bla dum mor activities langa da hom, so faindat hau jey gin album yu.

6. Hau yu sabi en album sambodi hu bin go thru nogud ting?
Werka mob shud abum jat rait training bla album pipul hu bin ardim langa institutional abuse, racism en trauma en hu bin teikim awei brom femili mob en Kantri en alp bla pipul en gajim culturally appropriate counselling services ip yu wandim*. Olabat shud abum artwek, pitja, en tings langa da hom jat pudem yu dija garrim yu kaltja en spiritual wellbeing maiti yu flag tu, en wan peipa acknowledging Kantri dijan gud sain jat dem werka sabi brabli wei kaltja blanga yu.

7. Faidaut hau yu gin kipum contact garra yu femili en fren mob?
Yu femili en fren mob shud bi rait tu bisit yu enitaim. Jegimap wanim da taim pipul lau bla bisit yu en ip jey gin silip garra yu. Faindaut da rul bla femili en fren mob bla jegimap langa yu nids en eni tjeinj langa yu keya. Lukaran ba gadin atsaid bla jidan tok tok ba gudwei garra bisita mob.

8. Wanim garra hepin ip I gedim brabli sik wan hu gin album mi?
Faindat ip femili brom Kantri gin silip garra yu langa yu rum ip yu sik wan en hau meni femili mob gin stap garra yu. Faindaut wanim jei sabi bla ablum yu go bek hom langa Kantri. Aboriginal Land Council maiti ken album yu langa mani po funeral, meigim shuwa werka mob sabi hu gin album yu en wanim alb yu gin gajim.

9. Jei gadim Doctor bisit olataim?
Maiti yu kaan luk jat Doctor in person, maitu yu gin tok langa Docta langa phone (Telehealth). Dijan min jat Doctor im langa luk yu langa kompyuta bla talim yu wanim rong garra yu. Wen dijan hepin Doctors yusim registered nurses tu lukafta yu, imin reli impotin wan yu meikshuwa jat namba ob nurses werk werk im naf. Faindat ip jat Doctor sabi blekbala helth or ip jei nomo sabi jei gin faindat.

10. Hau jei garra luk aftum main helth?
Bai law ja garra bi wan nurse langa ja hom oldie, ebridei 24/7. Meigum shuwa jat rait namba nurses werk deya tu lukaftum ebdribodi nids. Faindaut hau meni nurses werk jeya en hau mani pipul silip jeya en ip jei gin lukaftum ebdribodi.